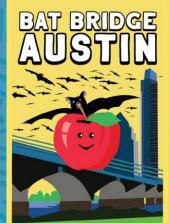
Richard Milburn Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ND Poptart Fresh Fruit Juice Milk	3 RD Blueberry Muffin Top Fresh Fruit Juice Milk	4 TH Cereal Pack Fruit Juice Milk	5 TH Waffle Fresh Fruit Juice Milk	6 TH Yogurt & Granola Fresh Fruit Juice Milk
9 TH No School Staff Development Day	10 TH Chocolate Crescent Fresh Fruit Juice Milk	11 [™] Cereal Pack Fruit Juice Milk	12 TH Cinnamon Crumble Fresh Fruit Juice Milk	13 TH PB& J Fresh Fruit Juice Milk
16 TH Poptart Fresh Fruit Juice Milk	17 TH Blueberry Muffin Top Fresh Fruit Juice Milk	18 TH Cereal Pack Fruit Juice Milk	19 TH Waffle Fresh Fruit Juice Milk	20 TH Yogurt & Granola Fresh Fruit Juice Milk
23 RD Banana Bread Fresh Fruit Juice Milk	24 TH Chocolate Crescent Fresh Fruit Juice Milk	25 [™] Cereal Pack Fruit Juice Milk	26 TH Cinnamon Crumble Fresh Fruit Juice Milk	27 TH PB& J Fresh Fruit Juice Milk
30 TH Poptart Fresh Fruit Juice Milk	31 ST Blueberry Muffin Top Fresh Fruit Juice Milk			



MENU 2023



ANNOUNCEMENTS: Breakfast is **FREE** for all AM students.

Make Breakfast Count...Choose three items, one must be fruit or juice.

Due to supply challenges, some items may not be available and could be substituted.

www.SquareMeals.org







